



MINUTES
SPORTS MEDICIEN ADVISORY COMMITTEE MEETING
October 26, 2017

Members Attendance:

Javier Cardenas, MD
Hayley Root, MD
Christian Kwasnica, MD
John Kearney, MD
Michael Lavoie, PhD
Kristina Wilson, MD
Steve Erickson, MD
Mark Strong*
Randy Cohen*
Anikar Chhabra*
Tamara McLeod, PhD*

AIA STAFF PRESENT:

David Hines, Executive Director
Joe Paddock, Asst. Executive Director
Mark Mignella, Legal Council
Jessica Garcia, Front Office Assistant

*Indicates Conference Call-In

- **CATASTROPHIC INJURY UPDATE (David Hines)**
 - David Hines discusses & updates the Moon Valley High School incident that took place on October 20, 2017.

- **WET BULB GLOBE TEMPERATURE DATE (Haley Root & Tamara McLeod)**
 - Dr. Root discusses the WBGT and the heat index standards from KSI.
 - Is there an interest to develop guidelines for dry climates?
 - David Hines emphasizes that coaches are confused by the heat acclimatization practice guidelines and there needs to be detailed guidelines to coaches.
 - Should the AIA add a Concussion Policy to the AIA Bylaws under Article 14? Or a new section to the Bylaws?
 - Dr. Wilson suggests bulletin points for specific sports and/or all Sports.
 - David Hines will bring this suggestion to the AIA Legislative Council.

- **OPIATE EDUCATION UPDATE (David Hines & Javier Cardenas)**
 - David Hines updates the SMAC on the meeting held with the Arizona State Health Dept in which this dept is very supportive of approach.
 - Arizona is the only state moving forward with the Opiate issue and the goal is have opiate education ready by summer 2018.
 - There will be a 24 student leadership team, with at least 2 leaders at each school statewide to assist with the opiate education communication and program.

- **CONCUSSION RETURN TO PLAY PROPOSAL (Steven Erickson)**
 - Steve Erickson proposes the following change on the Return to Play Policy:
 - “Return to play decisions by health care providers should include objective testing of neurologic function (e.g. computerized neurocognitive testing, balance/vestibular testing or neuropsychological assessment).”
 - Proposal is moved by Steve Erickson and second by Tamara McLeod.

- **NFHS SMAC UPDATE (Javier Cardenas)**
 - Dr. Cardenas updates SMAC from the NFHS meeting. Discussions on Epidemiology, Opiate Issues, Transgender issues, Catastrophic Injury etc.

- **AIA CONSENT TO TEAT UPDATE (Mark Mignella)**
 - Mark Mignella legal counsel updates SMAC that the word document and language is ready to go.
 - David Hines intends to bring this document to the Executive Board & Legal Team at Phoenix Children’s for approval.

Meeting Adjourned 9:00 am

Next Meeting: November 30, 2017