



MINUTES
SPORTS MEDICIEN ADVISORY COMMITTEE MEETING
March 29, 2018

Members Attendance:

Javier Cardenas, MD
Thomas Fiel, DO
Michael Lavoie, PhD
David Mesman
Tamara McLeod
Hayley Root
Gary Waslewski, MD
Kostas Econoomopoulos, MD
Kareem Shaarawy, MD*
John Kearney, MD*
Mark Strom, MD*

AIA STAFF PRESENT:

Joe Paddock, Asst. Executive Director
Mark Mignella, Legal Counsel
Jessica Garcia, Front Office Assistant

*Indicates Conference Call-In

➤ **AMCAT SURVEY RESULTS (David Mesman)**

- Mr. Mesman (DHA, Med, ATC, AT) discusses research of assessor on appropriate medical care.
- The data was collected from Athletic Directors and High School Athlete Trainers through a survey by Dr. Wham.

➤ **YOUTH BASKETBALL GUIDELINES (Tom Fiel & Aaron Nelson)**

- Dr. Fiel discusses the youth basketball guidelines set by the NBA that are designed to promote a positive and healthy youth basketball experience. These guidelines will athletes with burn outs, which is also set by age.
- The SMAC committee will discuss with the Basket Sports Advisory Committee, to possible implement these guidelines in to the AIA.
- <https://youthguidelines.nba.com/>

➤ **LEGISLATIVE UPDATE (Javier Cardenas)**

- Dr. Cardenas updates the committee on several house bills that could affect sports medicine state wide.
- The Bill Notification for concussion, heat relate illness and opiate education language has been refined and will be moving forward.

➤ **OPIATE UPDATE (Tamara McLeod)**

- Tamara discusses an article from the BOC for the Athletic Trainer. ATs can make a positive impact on student athletes and with the correct education the abuse of opiates can decrease.
- The state is searching to get funding for the development of an Opiate Education Program.
- bocatc.org/blog/opioid-abuse-series-part-1-an-athletic-trainer

➤ **NFHS AED PROGRAM (Joe Paddock & David Hines)**

- The NFHS Foundation provides more than 400 AEDs to High School State Associations. The AIA will be applying for the program, to help member schools that don't have an AED.
- This program not only supplies the AED but also online training through the American Heart Association.
- As of now 93% of high school in Arizona have an AED on site.

Meeting Adjourned 9:00 am

Next Meeting: April 26, 2018